BSME

BRITISH SCHOOLS IN THE MIDDLE EAST

BSME Games

THE RECORD BREAKERS

Last Updated: April 2026

Athletics Record Breakers | BSME U15 Games - Girls

Event	Time/Distance	Date Set	School	Athlete
100M	11.81	16th January 2025	Park House English School, Qatar	Alexandra H.
200M	25.24	17th November 2025	Cranleigh Abu Dhabi	Maggie U.
400M	1:02.27	17th November 2025	British International School Abu Dhabi	Madeline W.
800M	2:25.31	16th November 2019	Yasmina British Academy, Abu Dhabi	Keara K.
4X100M Relay	53.99	17th November 2025	British School Al Khubairat, Abu Dhabi	BSAK A Team
4X200M Relay	2:02.16	17th November 2017	British School Al Khbuairat, Abu Dhabi	BSAK
Long Jump	4.73m	16th November 2018	British International School Abu Dhabi	Ines C.
High Jump	1.65m	16th January 2025	Park House English School, Qatar	Alexandra H.
Triple Jump	10.20m	17th November 2025	Cranleigh Abu Dhabi	Maggie U.
Javelin	25.10m	16th November 2018	British School Al Khbuairat, Abu Dhabi	Sara K.
Shot Put	10.81m	16th January 2025	New Cairo British International School	Janis K.

Athletics Record Breakers | BSME U15 Games - Boys

Event	Time/Distance	Date Set	School	Athlete
100M	11.40	16th November 2018	Brighton College Abu Dhabi	David M.
200M	24.06	16th November 2018	Brighton College Abu Dhabi	David M.
400M	55.26	21st November 2025	Brighton College Abu Dhabi	Leo
800M	02:14.47	21st November 2025	Kent College Dubai	Samarveer D.
4X100M Relay	49.98	17th November 2017	St. Christopher's School, Bahrain	STC
4X200M Relay	1:46.02	17th November 2017	St. Christopher's School, Bahrain	STC
Long Jump	5.21m	16th November 2019	British International School Cairo	Malek B.
High Jump	1.65m	17th November 2025	British International School Cairo	Shalaby M.
Triple Jump	11.51m	17th January 2025	Doha College	Harry G.
Javelin	44.61m	17th November 2017	St. Christopher's School, Bahrain	Colby A.
Shot Put	14.47m	17th November 2017	St. Christopher's School, Bahrain	Colby A.

Athletics Record Breakers | BSME U13 Games - Girls

Event	Time/Distance	Date Set	School	Athlete
100M	13.28	26th January 2018	Brighton College Abu Dhabi	Tyra
200M	28.24	16th January 2026	British International School Riyadh Diplomatic Quarter	Oluchi
320M	51.62	31st January 2025	St. Christopher's School, Bahrain	Jana E.
400M	1:04.9	26th January 2018	British School Al Khbuairat, Abu Dhabi	Neve
800M	2:33.80	16th January 2026	The Arbor School Dubai	Tatum A.
4X100M Relay	58.48	26th January 2018	Brighton College Abu Dhabi	BCAD
4X200M Relay	2:00.88	24th January 2019	St. Christopher's School, Bahrain	STC
Long Jump	4.47m	16th January 2026	Jebel Ali School Dubai	Aoife C.
High Jump	1.45m	31st January 2025	Sunmarke School, Dubai	Nyla L.
Triple Jump	9.33m	24th January 2019	The English School, Kuwait	Melanie D.
Javelin	21.90m	24th January 2019	British School Al Khbuairat, Abu Dhabi	Maddi
Shot Put	10.07m	24th January 2019	New English School Kuwait	Riri I.

Athletics Record Breakers | BSME U13 Games - Boys

Event	Time/Distance	Date Set	School	Athlete
100M	12.42	23rd January 2020	Yasmina British Academy, Abu Dhabi	Mohamed A.
200M	25.50	16th January 2026	British School Muscat	Eesa C.
320M	50.89	31st January 2025	St. Christopher's School, Bahrain	Ayaan S.
400M	1:00.2	26th January 2018	British School Al Khbuairat, Abu Dhabi	Ben
800M	2:21.35	23rd January 2020	New Cairo British International School	Youseff S.
4X100M Relay	53.66	26th January 2018	British International School Cairo	BISC
4X200M Relay	1:57.29	26th January 2018	British School Al Khbuairat, Abu Dhabi	BSAK
Long Jump	4.86m	16th January 2026	Arcadia Global School, Dubai	Arsen A.
High Jump	1.60m	24th January 2019	St. Christopher's School, Bahrain	Jake K.
Triple Jump	10.20m	24th January 2019	British International School Abu Dhabi	Louis G.
Javelin	29.43m	23rd January 2020	Safa Community School, Dubai	Heinrich D.
Shot Put	11.53m	23rd January 2020	The English School, Kuwait	Dexter L.

Athletics Record Breakers | BSME U11 Games - Girls

Event	Time/Distance	Date Set	School	Athlete
75M	10.3	8th March 2018	The English School, Kuwait	Nunu I.
150M	22.12	7th February 2026	British International School Abu Dhabi	Isabel M.
300M	50.33	1st March 2024	Arcadia British School, Dubai	Cecily G.
600M	1:56.68	7th February 2026	British International School Abu Dhabi	Isla W.
4X75M Relay	47.44	7th February 2026	Jebel Ali School, Dubai	JAS A Team
4X100M Relay	1:04.18	7th February 2026	King School Dubai	KSD
Long Jump	4.14m	14th March 2019	The English School, Kuwait	Nunu I.
High Jump	1.45m	2nd February 2025	Sunmarke School, Dubai	Nyla L.
Standing Triple Jump	6.30m	21st Feburary 2025	Horizon International School, Dubai	Maame
Javelin	17.85m	21st February 2025	Dubai British School, Jumeirah Park	Sarah M.
Shot Put	8.88m	21st February 2025	Horizon International School, Dubai	Anastasia J.

Athletics Record Breakers | BSME U11 Games - Boys

Event	Time/Distance	Date Set	School	Athlete
75M	10.02	7th February 2026	Ranches Primary School, Dubai	Rees H.
150M	21.02	1st March 2018	Dubai English Speaking School	Nick F.
300M	45.9	7th February 2026	Horizon English School, Dubai	Leo M.
600M	1:48.74	21st February 2025	Horizon English School, Dubai	Charles H.
4X75M Relay	44.65	21st February 2025	Dubai English Speaking School	DESS A Team
4X100M Relay	59.88	7th February 2026	Horizon English School, Dubai	HES
Long Jump	4.38m	21st February 2025	Doha College	Khalifa P.
High Jump	1.45m	7th February 2026	Brighton College Abu Dhabi	Griffin H.
Standing Triple Jump	6.15m	7th February 2026	Horizon English School, Dubai	Federico S.
Javelin	28.61m	7th February 2026	Arcadia British School, Dubai	Micah A.
Shot Put	9.72m	21st February 2025	Royal Grammar School Guildford Dubai	Eduardo V.

Swimming Record Breakers | BSME U11 Games - Girls

Event	Time/Distance	Date Set	School	Athlete
100M IM	1:15.43	7th February 2026	Dubai English Speaking School Oud Metha	Kenza S.
25M Freestyle	14.59	15th March 2019	Horizon International School, Dubai	Sofia Z.
25M Breaststroke	17.72	7th February 2026	Dubai English Speaking School Oud Metha	Laila S.
25M Backstroke	17.84	15th March 2019	Horizon International School, Dubai	Sofia Z.
25M Butterfly	15.50	15th March 2019	Victory Heights Primary School, Dubai	Ruby P.
50M Freestyle	30.18	7th February 2026	South View School, Dubai	Aara A.
50M Breaststroke	39.23	7th February 2026	Dubai English Speaking School Oud Metha	Kenza S.
50M Backstroke	33.82	7th February 2026	Victory Heights Primary School, Dubai	Margaux L.
100M Freestyle	1:08.89	8th March 2019	Dubai English Speaking School	Isla E.
4X25M Freestyle Relay	1:06.23	7th February 2026	Victory Heights Primary School, Dubai	VHPS
4X25M Medley Relay	1:09.52	7th February 2026	Dubai English Speaking School Oud Metha	DESS OM
4X50M Freestyle Relay	2:12.44	7th February 2026	Dubai English Speaking School Oud Metha	DESS OM

Swimming Record Breakers | BSME U11 Games - Boys

Event	Time/Distance	Date Set	School	Athlete
100M IM	1:07.07	22nd February 2025	King School Dubai	Sijie X.
25M Freestyle	14.00	7th February 2026	Arcadia British School, Dubai	Micah A.
25M Breaststroke	19.18	7th February 2026	Doha College	Oswin
25M Backstroke	16.94	7th February 2026	Doha College	Ethan
25M Butterfly	15.06	7th February 2026	Doha College	Andrej
50M Freestyle	30.19	22nd Feburary 2025	Jumeirah Primary School	Yuexan Z.
50M Breaststroke	40.59	8th March 2019	British School Muscat	Hussain T.
50M Backstroke	34.67	22nd Feburary 2025	Deira International School, Dubai	Okada K.
100M Freestyle	1:07.43	8th March 2019	British International School Cairo	Hamza H.
4X25M Freestyle Relay	1:00.83	8th March 2019	British International School Cairo	BISC
4X25M Medley Relay	1:09.98	8th March 2019	British International School Cairo	BISC
4X50M Freestyle Relay	2:15.40	7th February 2026	Dubai English Speaking School Academic City	DESS AC

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